Workshops and Presentations Currently Available

<u>General Agency</u>: Description of our mission and explanation of the services we offer to our clientele and the community (20-30 mins)

<u>Healthy Relationships/Teen Dating Violence 101:</u> Interactive with a focus on healthy and unhealthy relationship traits in both dating and friendships. How to avoid negative relationships. (Recommended for grades 6-12 and/or student athletes 50 mins)

<u>"The Student Athlete: Consent and Title IX"</u> - Healthy relationships training with an emphasis on the unique challenges presented to a student athlete. Bring awareness to consent laws, social media etiquette, and recognition of negative relationships. Discuss leadership opportunities that participation in athletics brings. This course was designed in collaboration with ex-collegiate and NFL athletes. (Recommended for School grades 7-12; Universities - Prefer gender separation. Minimum 60 mins)

Healthy Relationships for Parents/Guardians: Interactive with a focus on healthy and unhealthy relationship traits in both dating and friendships. Tailored specifically for parents/guardian to learn the warning signs and the how to communicate with their kids about relationships as well. (Adults, 50 mins)

<u>Domestic Violence & Sexual Assault Awareness</u>: – Bring awareness to the early signs of abuse and sexual assault in teens, which may not be obvious to school staff. We discuss red flags of both and go over practical real-world scenarios. (Secondary teachers, coaches, school nurses, non-certified staff 50 mins)

<u>Effects of Trauma</u>: – Bring awareness to intimate partner violence issues specific to first responders. Impact of recurring trauma and its effect on those we serve. Real-world application and practicality are heavily emphasized. (Law Enforcement, EMTs, Nurses, Other Medical Staff 50 mins)

<u>Family Violence Prevention</u>: — Faith-Based Communities - Many who experience family violence turn to their religious communities for guidance. We share our expertise with those who may be in positions to guide those in need of services related to family violence with emphasis on our services that may be of use to your organization. (Priests, Clergy, Elders, Faith-Based instructors and staff 50 mins)